

Astrology, Palmistry and Ancient Moon Gardening

Earth Moon and Stars

January 2017

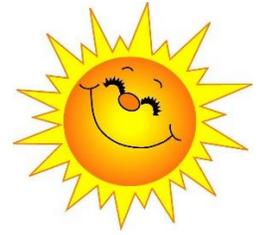
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May your
2017 be Full
of Smiles!

To each and every one of you; look at the earth and know that you are supported, look at your hands and know that you are unique, and look at the stars and know that you are part of something greater than yourself.

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Your Sun Sign Astrology Forecast for January

Aries 21 March – 19 April

It's time to flap those wings and prepare for take-off. The door is open, there are no more self-imposed locks, and you have support from the people that matter the most. Those that don't support; don't matter. While you may feel momentarily paralyzed; you are meant to reach out and do something new, be somebody new or go somewhere new.

Taurus 20 April – 20 May

More and more is being piled up and it seems like everybody is lining up for the privilege of being taken under your wing. You are allowed to choose who you take care of and who (or what) you let fly for themselves. Your energy levels drop and for you own health's sake.... see the big picture and reduce some of your responsibilities.

Gemini 21 May – 20 June

You have no energy for any work and the simply solution is not to do any! Is that practical? No.. but you are feeling like a big kid at heart? Why not be creative and celebrate life just because you can? If you don't; the kids around you will. May as well join in the fun. Who is holding you back?

Cancer 21 June – 22 July

The way people see you is changing and your role is being revised. Are you letting them decide who you are, or are you choosing for yourself? Home and family "stuff" rises to a high. No wonder it's time for a holiday; a sea-change sort of holiday. Duty will try and get in the way but try and do something calming, lazy and peaceful.

Leo 23 July – 22 Aug

This is an amazing learning time with your brain literally expanding and open to new ideas and realizations. Use it... or it will keep you awake at nights with restlessness! This knowledge will be both practical and result in a spike in creative inspiration. Prolonged activity could lead to energy levels dropping, so keep the mind active and the body rested.



Virgo 23 Aug – 22 Sep

This is the month for an emotional and financial health check-up. What do you need to do for yourself? You are the only one that can! Your partner and loved ones are totally confused and start the month by paralyzed into inaction, then could end the month being filled with tension. Running and hiding is not an option; instead be there for them!

Libra 23 Sep – 22 Oct

The urge to take relationships to a new level, to escape with your loved one and seek adventure is strong. This is great if they want to come along for the ride. Otherwise you will find out where they stand. Any responsibility can feel suffocating, but you are very capable of sustained and focused endeavor. Later in the month there are conflicting tensions around making decisions.

Scorpio 23 Oct – 21 Nov

Being in the moment, giving gratitude and saying thank you are simple acts that lead to awesome awakenings. Let the spirit move in you and seek places that help create the higher connection. Joy is worth celebrating but it can cost, and friction can easily bring you back to the past behaviors, so try and stay in a higher frame of mind.

Sagittarius 22 Nov – 21 Dec

The world is more than home, work and family. Do you have connections to community, to groups of people, to clubs or networks, that satisfy you? These connections are in a state of change so make them, break them, create them....to what feels right for you. Standing up for yourself will cause tension, but that does not mean don't do it.

Capricorn 22 Dec – 19 Jan



Now is the time to make changes in the role you do! Yes, this will change things around the home and may involve a move of heart, if not location. Decisions will not be easy to make, so expect confusion until mid-month. There will be long term consequences with important choices, so deliberate at length and choose carefully.

Aquarius 20 Jan – 18 Feb

There is something about a revelation that... well.... reveals! Awareness could only have come at this time; not before. What do you want to do with it? Do not waste your energy, your resources, nor yourself. Instead look inward and choose to be greater. Tensions will rise and may deplete energy, but it's only when stretched that one can grow.

Pisces 19 Feb – 20 March

It's all about the difference between wasting or gaining resources, finances and the sense of abundance. Refrain from making quick decisions with money and keep your self-worth healthy. Do you know exactly how much you actually have for the future? Not only in the bank but in your own abilities. You will succeed when you stand firm and calm against authorities.

We do not go around the Sun in a perfect circle each year so the dates that the Sun appears to move into the signs can vary by up to one day.

If you are born close to the border of two signs, then you are on the cusp and you are a blend of the two sun signs.



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It's time to see what's happening for you.



In my work, I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab **hold of life. Through them we look to your strengths, especially now and** to the future, and to see what to avoid, and what to enjoy.

Moe at Gipps town on the Highway Weekdays by appointment in the beautiful and peaceful grounds of Gipps town Heritage Village on the highway at Moe.

Traralgon On Sunday the 22nd January at Dyoligy, a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

Koonwarra in South Gippsland Saturday 4th February. I have already been there on the 31st December so January misses out. I will be at the Artisan Workshop Gardens Studio in beautiful Koonwarra, a tiny historic town with various shops showcasing great food, pampering, healing, arts and culture. It's normally Farmers Market day when I am there so the place is buzzing.

Phone readings for those at a distance and at a time that suits you.



Birthday Greetings go out to



Capricorn 22nd Dec - 19 Jan

"Most of the time you will be wrong about a Capricorn and most of the time a Capricorn will be right about you". Source unknown

I give thanks to the Capricorns laser light observations amidst natural reserve. They will know more than you think, and most are happy to tell you when you ask, but some will wait till you are part of their trusted tribe. Once there, you have access to remarkable insight.

Channel the energy of a Capricorn by observing at length, and before opening your mouth. ☺

Aquarius 20 Jan - 18 Feb

"You had better be a round peg in a square hole, than a square peg in a square hole". Elbert Hubbard
I give thanks to the Aquarians who take a new idea and work to make it an old idea. The round peg can indeed fit into a square hole. The future is changed by this style of thinking, so channel the energy of an Aquarius and act as if (insert your latest wish here) was already part of established routine and order.



Gossip Corner...What am I getting up to? Everything!

On Tour

I am On Tour in January and visiting Halls Gap and Beechworth in beautiful Victoria. Call me to make a time for Astrology and Palmistry Readings and if a small group of you would like me to talk about Moon Gardening we can easily arrange a Coffee Shop Pop-Up Workshop. ☺

Workshops

Next year I will be having more workshops at Dyoligy of Traralgon. Most likely on a Monday or Tuesday evening. First off, there will be an **Ancient Moon Gardening** evening.

Later, there will be a **3-week in-depth course in Palmistry** covering both the inner and outer world strengths and weaknesses, health and the past, the present and the future.

If you are interested, please contact Dy at Dyoligy of Traralgon on 51747576 and let her know the times that suit you.



Ancient Moon Gardening

Gazing out the window I can see the veggie patch and this month I have enjoyed feasting on the last of the broad beans. I love releasing them from their feathery soft beds....such a joy to touch. Once lightly steamed, I toss them with olive oil and dare I say it.... salt. I probably eat far too much salt!



Since we last spoke the tomatoes fairly exploded out the ground and nearly 3 times a week I needed to add another stake! What amused me was that precisely when the cold winds stopped at the start of December, hidden seedlings from the old compost heap also exploded out of the ground... they knew precisely the best time to come out and play. It also shows me I am not generating enough heat in the compost bins! Hmmm maybe I did not alternate green layers with brown layers regularly enough. PS. Brown layers can also be paper waste and documents you do not want out in the rubbish bins. The apple is growing in leaps and bounds but the plum has not set a single flower. The Three Sisters (corn beans and pumpkins), are growing well and next year I will plant the sweet corn a couple of weeks ahead of the beans. For a while there I was scared to enter the patch and stand still for too long in fear that the beans would twine around me and tie me down! The new strawberries that I moved and were not supposed to fruit... are about to. Ahh.. I love the constant surprises that a garden brings. ☺



Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and Sowing Days
3 rd 4 th Jan	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.
7 th 8 th Jan	Waxing Fertile 2 nd Quarter	Perfect for all sowing and planting. Especially for vegetables that bear fruits or seeds for eating.
12 th Jan	Full Moon in Cancer	Official gardeners rest day, so do nothing or at least be restful. Harvest and share empathy.
18 th 19 th Jan	Waning Fertile Moon 3 rd Quarter	Plant root crops
28 th Jan	New Moon in Aquarius	This is a day of rest or restfulness! Cultivate and grow respect for those with independent attitudes.
30 th 31 st Jan	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.
<p>The Super Almanac has timing for every possible garden task, pruning to enhance growth, pruning to minimize growth, weeding, feeding, and harvesting. Pop over to my website to see a copy for yourself. Enjoy your garden!</p>		



Why Prune at Different Times?

Have you ever pruned and ended up with brown dead-ends that made the plant look ugly for ages?
 Have you ever pruned to find that a few long straggly new shoots made the plant look lopsided and grew few flowers?

Have you ever pruned a hedge to find you had to do it again in what seemed like a few weeks?
 Have you ever pruned to find branches grew at right angles or in weird directions?

Why is this so?

If you had dead-ends, then you pruned at a barren time. If you had long straggly new shoots, then you pruned at a New Moon. If your hedge grew too fast, then then you pruned at a fertile growth time. If you ended up with strange new growth in all directions, then you pruned at a Full Moon.

You need to know when to prune according to the Moon!

Here's how....



Let's start with **Pruning For Growth**. Do this when the Moon is in a fertile sign and waxing (increasing in size) in the first half of the Moon phase, but not at the New Moon or Full Moon.

Pruning to Reduce Growth is done at fertile time in the waning moon (reducing in visible size) in the last half of the Moon phase, but not at a New Moon or Full Moon.

Any cutting of plants must be done at a fertile Moon so the wound heals quickly and new growth easily covers the cut area.

Try it and see... Enjoy your garden.

Quote of the Month:

"Of course, motivation is not permanent. But then, neither is bathing; but it is something you should do on a regular basis."

Zig Ziglar, Raising Positive Kids in a Negative World



Four Tips to Using The Power of Motivation

The first tip is that we must cease shuddering when we hear the word Motivation; for it is not a swear-word. By that I meant it's NOT self-criticism.

The second is that Motivation, yes it deserves a capital letter, is a creative burst of action born though self-compassion.

i.e. through self-compassion you want health and wellbeing, to stop smoking, or gain success, or that job, an ideal partner, or simply to think good thoughts about yourself. Self-compassion will help get you there.

The third key is that Motivation must include self-acceptance. Play to your strengths and accept the skills you have and the ones you need to learn. Through self-acceptance you will know what issues you need help to overcome. Then get that help!

The fourth key to Motivation is that it needs to be "turned on". The on-switch is hearing yourself out loud and also seeing your aims in writing. You are worth spending time with yourself and writing down your aims, and write them in the present tense...example.... repeatedly stating "I am Happy with Myself", will change your life. Yes... weird I know, but try it and see!



News from the Stars

1st Jan Mars conjunct Neptune

3rd Jan Venus enters Pisces

5th Jan Mercury enters Sagittarius

8th Jan Mercury turns Direct

12th Jan Full Moon in Cancer

13th Jan Mercury enters Capricorn

19th Jan Mars square Saturn

20th Jan Sun enters Aquarius

28th Jan New Moon in Aquarius

28th Jan Mars enters Aries

The **movement of the planets** herald time when we feel mood changes, times we are galvanized to take action, and others times when we lack energy. There are shifts in feelings and energy levels at all New and Full Moons, when planets move into signs, or when there are connections (aspects) between planets, or when they turn retrograde or move direct again.

Pay attention to the days when these shifts happen and notice your feelings and energy levels. This **understanding will enhance your experience of life.**



To further experience the rhythm of the Moon I suggest that you aim to start new projects and events at the New Moon, and bring them to full development approximately two weeks later at the Full Moon. From the Full Moon back to the New Moon is a time to look at the consequences, to reflect on what you achieved and to think about changes or new ideas that you will “birth” again at the New Moon. Enjoy the ride!

What’s that Star in the sky?

To be amazed by the heavens, first get your bearings and note that North is the sunniest and warmest side of the house. Face north and on your right is the east where the Sun rises, and on your left is west where the Sun sets. Behind you, on the shady side of the house, is the south. The brightest night is with the Full Moon on the 12th Jan and the darkest night is on the New Moon on the 28th Jan.



For all you Night Owls

Look east to see Venus who is brilliant as the sparkling Evening Star all month. Reddish colored Mars is a clenched fist distance away from her. Look ahead to see Pleiades, otherwise known as the Seven Sisters, who are in the heart of Taurus while Aldebaran. the next brightest star, is in the eye of Taurus. If you look carefully and are prepare to use your imagination, you can see the tips of the horns of Taurus. These stars are called El Nath and Tauri, and a good hand span further to the right. Tauri is roughly 4 fingers higher than El Nath who is the lowest of the two and is quite bright. The distance between the Pleiades and the tip of Taurus horns shows how magnificent he is in the heavens. He rules our summer evening skies while the Scorpion rules our winter evenings.

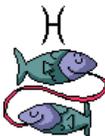
The Saucepan (Orin’s belt) is high overhead and the brightest dog star, Sirius, is high in the east. Let the Moon show the way when she is with when she is with Venus on the 2nd Jan and Mars on the 3rd Jan, and with Aldebaran on the 9th Jan. Over in the south, the Southern Cross... gee I wonder how it got its name... is upside down with the pointer stars lower to the right. Stand on tiptoes and you will see them all.



For all you Early Birds

Look up and admire Jupiter, the King, shining brightly in the north-east. He is close to the bright star Spica. You may catch a fleeting view of Mercury and Saturn just before dawn but they will be difficult to see but you can get some help with a wonderful free computer program called Stellarium, and it will help you find all the stars and planets. In the meantime, let the Moon help you when she is with Jupiter on the 20th Jan, with Saturn on 25th and with Mercury, one side of the on the 26th then the other side on the 27th Jan. Look south to see the Southern Cross high overhead with the two pointer stars to its left. They will always show you the way home.

Let yourself be awed!



This picture has me thinking of Lucilla, an inspiring local Yoga teacher (Joy Yoga), and her Downward Dog ☺

Thank You to those that keep me healthy!

Your body is a temple so do something that helps you maintain great health. Pop over to my website to see the practitioner’s page to find somebody perfect for you.

And a BIG Thank You to every single one of you reading this!