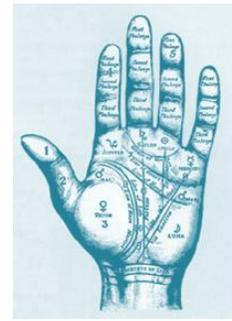


Earth Moon and Stars

November 2016 with Kerry Galea

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To each and every one of you; look at the earth and know that you are supported, look at your hands and know that you are unique, and look at the stars and know that you are part of something greater than yourself.

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Your Sun Sign Astrology Forecast for November 2016

Aries 20 March – 19 April

The heat is on in regard to your work but you will soon come up smiling and better than before; so don't worry. Your loved ones are also being challenged; do all of you need to make changes? It's time to learn something but it's not study; it's new ideas that are already right in front of your face.



Taurus 20 April – 20 May

The sensitive among you will feel the changes stirring down deep which will slowly surface over the coming years. The rest will wonder why you feel so emotional. Spend some time navel gazing and reflect what you value and what you would love to change. All things are possible when the stars, moon and your heart line up.

Gemini 21 May – 20 June

Feeling restless? The time to take action and a risk is coming by the end of the month. Some risks are wonderful but you may find yourself taking a risk that can bite! A risk can even be talking to somebody, or introducing yourself. Manage your risks so that they are exciting, challenging and inspiring.

Cancer 21 June – 21 July

The people around you soon calm down and reach a new normal which means you too become calmer and settled. Enjoy the respite and take the chance to spend quality time with your loved ones while sharing feelings and dreams for the future. You all need to remember this about each other when things liven up again.

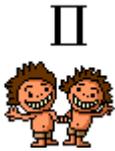


Leo 22 July – 22 Aug

You are soon about to be asked to question the multiple roles you have in life. We all have different images to maintain in all the myriad areas of life in work, in family, in loved ones and in friends. Some of your roles don't live up to your own expectations of your real self. Be natural; be real.

Virgo 23 Aug – 22 Sep

This month may start out with a question and some concerns, but it soon becomes a wonderfully creative time. Trust in the wisdom of creation and let go of trying to control and you will have a much-needed epiphany and an inner revelation. Be careful with money as you will tend to spend. Trust that you have all you need.



Libra 23 Sep – 22 Oct

You have had quite enough of past family “stuff” and guess what... it’s time to let go. Make your home your own and create it how you visualize it to be. This is a great month for decisions and to ponder on the deeper meaning of life. Sometimes emotional feelings may arise but think of this as the dust rising as you clean.

Scorpio 23 Oct – 21 Nov

You have a way with words and can be very convincing but its time to listen rather than talk. Those that you love are going through an emotional time and all you need to do is let them talk things through. Remember that the most interesting people are the best listeners. Later in the month, information you are given is misleading.

Sagittarius 22 Nov – 20 Dec

First you feel that you don’t have enough, then you feel lucky and have enough, and you go back to feeling that you don’t have enough. Phew! Ask yourself a question..... enough of what? This is more than just about money; it’s about your own value and what good you can do for loved ones, the community, and the planet.



Capricorn 21 Dec – 19 Jan

It may feel hard but it’s time to let go; just as you would let go something old and worn out. The lady goddess, Venus, enters your sign helping you to become irresistible, or at least a little bit irresistible! With her help, you can flow with changes, climb mountains, conquer fears and keep on smiling; no matter what.

Aquarius 20 Jan – 18 Feb

A restless energy can help you take action but it can also hinder you if you rush blindly ahead. This is a karmic time bringing up feelings you thought long buried, but this time it brings knowledge and inner realization about past patterns and the ability to release them; if you choose. Fate happens but destiny is a choice.

Pisces 19 Feb – 19 March



This is the season to look ahead and think big. What are your ultimate goals? What do you want to be doing in 2 years or in 10 years? Do you want to be happy? What does happiness look like? If happiness is smiling a lot; then start to smile right now. See your future destination in your mind’s eye.

We do not go around the Sun in a perfect circle each year so the dates that the Sun appears to move into the signs can vary by up to one day.

If you are born close to the border of two signs, then you are on the cusp and you are a blend of the two sun signs.

It’s time to see what’s happening for you.



In my work I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab **hold of life. Through them we look to your strengths, especially now and** to the future, and to see what to avoid, and what to enjoy.

Moe at Gippsdown on the Highway on various weekdays by appointment in the beautiful and peaceful grounds of Gippsdown Heritage Village on the highway at Moe.

Traralgon On Sunday the 20th November at Dyoligy, a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

Koonwarra in South Gippsland on Saturday 5th November at the Artisan Workshop Gardens Studio in beautiful Koonwarra, a historic town with various shops showcasing great food, pampering, healing, arts and culture. It’s normally Farmers Market day when I am there so the place is buzzing.

Phone readings for those at a distance at a time that suits you.



Ancient Moon Gardening

Gazing out the window I can see the veggie patch and this month the asparagus is giving constant tasty shoots, the gooseberries promise lots of yummy pies, the apple is in brilliant bloom, the greens have gone to seed to keep the bees happy, the chook is delivering fresh eggs and having a wonderful time digging over places she should not go, the bean seeds have popped out of the ground, and I have a pile of seedlings and more seeds ready to be planted at the perfect Moon planting day on the 5th and 6th.

I love spring..... even the persistent weeds make me smile. ☺

Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and Sowing days
5 th 6 th Nov	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.
9 th 10 th and morning of 11 th Nov	Waxing Fertile 2 nd Quarter	Perfect for all sowing and planting. Especially for vegetables that bear fruits or seeds for eating.
15 th Nov	Full Moon in Taurus	Official gardeners rest day so do nothing. ☺ Harvest and share an attitude that
18 th 19 th Nov	Waning Fertile Moon 3 rd Quarter	Plant root crops
29 th Nov	New Moon in Sagittarius	Rest and do nothing. Cultivate and grow in respect for the truth and the truth-sayer.
The Super Almanac and Easy Planning Calendar has daily timing for every possible garden task. Pop over to my website to see a copy for yourself. Enjoy your garden!		



Birthday Greetings go out to

Scorpio 23 oct – 21 Nov

"It took me a long time not to judge myself through another's eyes". Sally Field

Thank you to the wonderful Scorpio who through experience, points out the folly of self-judgement and the joy of self-reflection.

Sagittarius 22 Nov – 21 Dec

"A friend is someone that gives you total freedom to be yourself" Jim Morrison

Thank you to the awesome Sagittarius who showed everyone that we are free to make decisions in a thousand different ways every single day.



News from the Stars

9th Nov Mars enters Aquarius

12th Nov Venus enters Capricorn

13th Nov Mercury enters Sagittarius

15th Nov **Full Super Moon** in Taurus. This is a big one!

20th Nov Neptune turns direct in Pisces

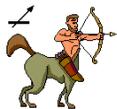
22nd Nov Sun enters Sagittarius

25th Nov Jupiter in Libra square Pluto in Capricorn

26th Nov Venus in Capricorn square Jupiter in Libra

29th Nov **New Moon** in Sagittarius

30th Nov Venus in Capricorn square Uranus in Aries



The movement of the planets herald time when we feel mood changes, times we are galvanized to take action, and others times when we lack energy. *There are shifts in feelings and energy levels at all New and Full Moons, when planets move into signs, or when there are connections (aspects) between planets, or when they turn retrograde or move direct again.*

Pay attention to the days when these shifts happen and notice your feelings and energy levels. This understanding will enhance your experience of life.

To further experience the rhythm of the Moon I suggest that you aim to *start new projects and events at the New Moon, and bring them to full development approximately two weeks later at the Full Moon.* From the Full Moon back to the New Moon is a time to look at the consequences, to reflect on what you achieved and to think about changes or new ideas that you will “birth” again at the New Moon.

Enjoy the ride!



What's that in the Sky this November 2016?

To be amazed by the heavens, first get your bearings and note that North is the warmest side of the house. Face north and on your right, is the east where the Sun rises, and on your left, is west where the sun sets. Behind you is south. The brightest night is with the Full Moon on the 15th November and the darkest night is on the New Moon on the 29th November.

For all you night owls

Look west to see Venus as the beautiful Evening Star. Early in the month she is close to Saturn, so get out your binoculars or home telescopes and use her to help you find the twinkle with the bulge. That's Saturn! He is not a star and has no light of his own. The light you see is the light shining on him from the Sun. Stars, like our Sun, are awful big nuclear explosions in space and all of them are thankfully a long way away. The planets are big lumps of rock-ice-gas-whatever and they reflect back our own Sun's light.

By mid-month Venus moves away from Saturn and she seemingly sinks into the glare of the evening sunset while she stays to smile upon us for those few precious hours each evening. Let the Moon be your guide when she is conjunct Saturn on the 2nd Nov, with Venus on the 3rd and with Mars on the 6th Nov.



Those with low light pollution will see the Milky Way streaming across the sky between Venus and Mars. One ancient myth is that at the birth of the universe the milk of the mother creator burst out from her breasts and thus we see, the literal, “Milky” Way!

Turn south to see the southern cross upside down and below the pointer stars. Hills, houses or trees will easily hide it from view.

For all you early birds

Jupiter is the bright star rising just before dawn in the east, but he may be too low to be visible. Let the Moon be your guide when she is with him on the 25th Nov.

Look north and the bright star on the left is Aldebaran in the eye of Taurus the Bull, with the star cluster Pleiades, a little lower. To the right is the bright star Pollux close to Castor, his twin in the constellation of Gemini.

Let yourself be awed!



The other BIG thing we will have in the Sky is a Super Moon!

On 14th November, we will have a Super Moon when the Moon will be at its closest point to us. Yes, we had one in October but this one is the biggest one this year.

The Moon travels in an oval shape. So sometimes it's further away and sometimes it's close. And when it's a Full Moon at the time of its closest approach we see it as a little bigger. And it also causes big big big tides!



Quote of the Month:

"Saying thank you is more than good manners. It is good spirituality." Alfred Painter

"Gratitude is not only the greatest of virtues, but the parent of all others." Cicero

Even back thousands of years.....*"Gratitude is the sign of noble souls."* Aesop 620-560 BCE

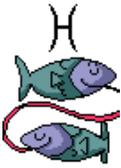
Gaining a sense of wellbeing

More and more scientific studies are showing that gratitude and kindness are traits that lead to higher levels of wellbeing.

People are happier, less depressed, less stressed. And more satisfied with their life and relationships.

Try it and see....

OK so you need a hint.....one way is to do it whenever you eat... take just a second to breathe and give thanks for all the people involved in bringing this food to you and give thanks for Mother Nature in creating it.



Another way is to look out the window and give thanks for what you see, for being free, for being alive.



Thank You to those that keep me healthy!

Your body is a temple so do something that helps you maintain great health. Pop over to my website to see the practitioner's page to find somebody perfect for you.

And Thank You to every single one of you reading this!