

# Earth Moon and Stars

August 2016 with Kerry Galea

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Enjoy the coziness of the last month of winter

*To each and every one of you; look at the earth and know that you are supported, look at your hands and know that you are unique, and look at the stars and know that you are part of something greater than yourself.*



## Your Sun Sign Astrology Forecast for Aug 2016

### Aries 20 March – 19 April

On the up side, this is a very creative month which has nothing to do with artistic endeavors but more to do with taking a risk and creating a new life! On the down side, health issues can arise, especially while travelling, so pack a handy rescue pack of essentials. You may also need to “rescue” your beliefs, values and ethics.

### Taurus 20 April – 20 May

You want to take action but you don't know what to do. The stars show it's not time to do anything, so lighten up! This is also a time you would rather hold onto behaviors, thoughts or material goods. Perhaps you are mixing up desires with needs. Ask yourself.... “do I desire it or do I really need it”.

### Gemini 21 May – 20 June

Your ability to negotiate and carry a convincing tone to any discussion or argument suddenly fails. They are just too feisty, perhaps even argumentative for you. Back-off and leave the arena to them. You want peace at home but they will even disturb you there. My best advice is to turn off the phone and stop talking back!

### Cancer 21 June – 21 July

Do you really like your job? If not, you will get the chance to change it in the future. There are people, perhaps co-workers, that you don't understand.....but similarly, they don't understand you. It's just going to get more complicated until the end of the month, so until then, explain yourself carefully and check that you are understood.

### Leo 22 July – 22 Aug

Last month I talked about indulgences and I wonder if you listened, because if you didn't, you will need to dig deep and pay-up; although “some” things in life are worth it. This can mean an effective and immediate stop to all sorts of fun or social related activities, but you are in luck because a change of fortune is coming!

### Virgo 23 Aug – 22 Sep

Venus the goddess of benefits is entering your sign which brings benefits and a touch of joy; except around the home! There is a metaphoric hammer pounding on the walls of your house. Let's hope its renovations or repairs, not problems with extended family members or parents. Remember to focus on your benefits; not their problems!

### Libra 23 Sep – 22 Oct

This is the perfect month to retire to the hills or ocean and bliss-out on holidays. Any peaceful sacred places beckon you to escape the hurly -burly of life. But... and yes there is a big BUT! Angry words said to you, or by you, will only create problems so keep your lips buttoned and depart when communication falls down.

### Scorpio 23 Oct – 21 Nov

You have long important long term goals, so keep focusing on what you want; not the “how” they will happen, for the “how” will work itself out. Money needs to be spent and worrying does not help; but a budget does! Don't let anybody rush you into quick decisions as there is no need to rush.....you have plenty of time.

### Sagittarius 22 Nov – 20 Dec

Your energy levels are high, you have the strength, the powers that be are smiling on you, so what boundaries do you want to break down? Yes; push at those walls and while you may stir up the hornets' nest..... it is time it was stirred! Don't feel overawed, or be overawing; just be you; for your life is in the best hands .....yours!



### Capricorn 21 Dec – 19 Jan

Your high emotional reactivity soon fades to be replaced by restlessness and the need to escape. Time for a holiday? Yes do it; for this is not the time to take action or make decisions as you will likely end up being your own worst enemy. The past needs healing; for there is no need to punish yourself.



### Aquarius 20 Jan – 17 Feb

Friends and loved ones are facing challenges and in this case, you cannot help. Your heightened emotions will only cause you angst and fail to solve anything. The best thing is to simply notice how you feel and where in the body you are carrying the tension; then release it. I know it's easier said than done!

### Pisces 18 Feb – 19 March

Love is in the air and it can be for anything or anybody that gives you pleasure. The down side is that your work will get in the way of pleasure, or on the flip side, it will be pleasure that will get in the way of work! Compromises must be made or authorities will notice and express their displeasure.



Did you know that the Sun moves into the 12 signs of the zodiac on *slightly* different dates each year. If you are born close to the border of two signs then you are on the cusp and you are a blend of the two sun signs. The dates here are the 2015 Sun Ingress dates for Australia. Source is Solar Fire from Esoteric Technologies.

## Quote of the Month

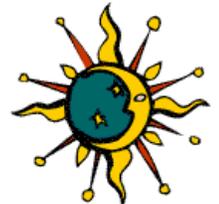


*"Get a mentor. See how they react to situations, how they communicate and how they live a great life in whatever circumstances they find themselves. Copy them."*

I pondered on this quote and realized that over the years I have had mentors and most of the time they have not realized it. Sometimes I had not realized it!

My mentors have been people I admired and respected. Friends, work colleagues. I saw how they did the wonderful things they did and seem to naturally follow. Thank you universe, for helping to notice and follow such wonderful people!!

Why don't you ask the universe for a mentor and see who you think of?



## News from the Stars

- 3<sup>rd</sup> Aug **New Moon** in Leo
- 3<sup>rd</sup> Aug Mars enters Sagittarius
- 6<sup>th</sup> Aug Venus enters Virgo
- 13<sup>th</sup> Aug Saturn turns direct in Sagittarius
- 18<sup>th</sup> Aug **Full Moon** in Aquarius
- 23<sup>rd</sup> Aug Sun enters Virgo
- 24<sup>th</sup> Aug Mars conjunct Saturn in Sagittarius
- 26<sup>th</sup> Aug Mars square Neptune Sagittarius to Pisces
- 30<sup>th</sup> Aug Mercury turns retrograde in Virgo

The movement of the planets herald time when we feel mood changes, times we are galvanized to take action, and others times when we lack energy. There are shifts in feelings and energy levels at all New and Full Moons, when planets move into signs, or when there are connections (aspects) between planets, or when they turn retrograde or move direct again.

**Pay attention to the days when these shifts happen and notice your feelings and energy levels. This understanding will enhance your experience of life.**



To further experience the rhythm of the Moon I suggest that you aim to start new projects and events at the New Moon, and bring them to full development approximately two weeks later at the Full Moon. From the Full Moon back to the New Moon is a time to look at the consequences, to reflect on what you achieved and to think about changes or new ideas that you will "birth" again at the New Moon. Enjoy the ride!



## 3 tips to Surviving the Fear

1. If the News bothers, you... don't watch it.
2. If those tension inducing reality shows make your heart race... don't watch them.
3. If you think the world is coming to an end... read History. Once you read about the same concerns, the same worries, the same fears... but written a few hundred and even a thousand years ago... you will find that this moment in time is no different than in the past. Just as in a few hundred years they will read about our fears. Live life.



## Readings.....

It's time to see what's happening for you.



In my work I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab **hold of life. Through them we look to your strengths, especially now and** to the future, and to see what to avoid, and what to enjoy.

**Moe at Gipps town on the Highway** on weekdays by appointment in the beautiful and peaceful grounds of Gipps town Heritage Village on the highway at Moe.

**Traralgon** On Sunday the 28<sup>th</sup> at Dyalogy, a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

**Koonwarra** in South Gippsland Saturday 4<sup>th</sup> September at the Artisan Workshop Gardens Studio in beautiful Koonwarra. It's normally Farmers Market day when I am there so the place is buzzing.

**Phone readings** for those at a distance at a time that suits you.



## Birthday Greetings go out to

**Leo** 22 July to 22 Aug

*"Let your enthusiasm radiate in your voice, your actions, your facial expressions, your personality, the words you use, and the thoughts you think. Nothing great was ever achieved without enthusiasm".* Ralph Waldo Emerson

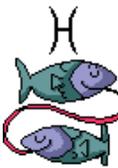
Thank you to the Leo who taught me that one will not die, nor will one be hanged, for showing enthusiasm and being brilliantly joyful with it.

**Virgo** 23 Aug to 22 Sep

*"Perfection is not the only alternative to mediocrity. A more sensible approach is excellence".*

Edwin C. Bliss

Thank you to the Virgo who showed me the difference between the limitations of trying to achieved perfection, and the exhilaration of aiming for excellence; a lesson this little Virgo really needed!



## What am I getting up to? ....Everything!

This is a great date to put in your diary

**Psychic and Wellbeing Expo** At Lardner Park on Warragul September 11<sup>th</sup>. Come and say hello.

## What's that in the sky? August 2016

To be amazed by the heavens, first get your bearings and note that the sun rises in the east, sets in the west and the warmest side of the house is north. ☺

The darkest night is on the New Moon on the 3<sup>rd</sup> August and the brightest night is with the Full Moon on the 18<sup>th</sup> Aug.

### For all you night owls

All the action is happening on the western horizon just after sunset so have a peek outside around 6 -7pm. Jupiter is clearly visible early in the month and the Moon will join him on the 5<sup>th</sup> Aug. Late in the month Venus and Mercury will also become visible as they orbit away from the Sun. I cannot wait to see all three of them on the horizon; a beautiful sight. Mercury moves quickly and all you need is about 20 mins of watching and you will see him as the only moving point of light, but you do have to wait till late in the month.

High overhead is Mars and Saturn with the Moon between them on the 12<sup>th</sup> August. I am hoping for clear skies as this will be a good viewing time with reddish Mars is above and to the left of the Moon and creamy Saturn is above and to the right with reddish Antares, in the head of the Scorpion, slightly higher than them all. Look for the magnificent sweep of the Scorpions tail taking up two stretched hand widths of the heavens.

Turn south to see the two bright pointer stars doing what they do best and pointing at the Southern Cross on the right. The cross is upright and will slowly roll to the right through the month. The Scorpions tail is that long that it heads half way across the sky towards the cross. Yes; I will be out looking at this glorious sight. One night I was leaning against a fence watching the heavens as the International Space Station whizzed by, and I am sure the people walking by thought I was up to no good. I did try to explain! Go to the NASA site, [www.spotthestation.nasa.gov](http://www.spotthestation.nasa.gov), which will send you email alerts when it is passing over your location.

### For all you early birds

There are no planets visible in the morning skies. Even Taurus is very low on the horizon and is perhaps best seen next month. The Southern Cross is upside down and very low and may be obscured by hills, trees or lights. This is the coldest month of the year so it's easy to put your head down and stay in bed. **Let yourself be awed!**



This picture in honor of the awesome Yoga Massage I just had done! Thank you Lucilla.

### And a Big Thank You to all those that keep me healthy!

Your body is a temple so do something that helps you maintain great health. Pop over to my website to see the practitioner's page to find somebody perfect for you. [www.kerrygalea.com.au](http://www.kerrygalea.com.au)



**Thank You to every single person reading this..... you are a beautiful part of this world and it's good to be here with you!**

## Ancient Moon Gardening

I am about to pick up the Spring edition of the Super Almanac from the printers and subscribers will receive it soon. It's always like birthing a baby!

Gazing out the window I can see the veggie patch and this month the broad beans have been supplying me with tasty green tips, eaten before I get them inside. The various Asian greens are also doing great as long as I keep the birds away. The happy wanderer is covered with flowers and the bees in a winter feeding frenzy. The asparagus patch is already shooting.....hey guys... don't you know it's still winter!

I recently rejuvenated the rose garden bed with layers of manure, lucerne hay and straw. I bet they love it and reward us with plenty of flowers.

To get the most out of your garden; follow the Moon. She shows us how to flow with Mother Nature.

Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and sowing days
3 <sup>rd</sup> Aug	<b>New Moon</b> in Cancer	Rest and do nothing (at least be restful). ☺ Cultivate and grow love and respect for oneself.
7 <sup>th</sup> 8 <sup>th</sup> 9 <sup>th</sup> 10 <sup>th</sup> Aug	Waxing Fertile 1 <sup>st</sup> Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.
11 <sup>th</sup> 15 <sup>th</sup> 16 <sup>th</sup> Aug	Waxing Fertile 2 <sup>nd</sup> Quarter	Perfect for all sowing and planting. Especially for vegetables that bear fruits or seeds for eating.
18 <sup>th</sup> Aug	<b>Full Moon</b> in Aquarius with minor Lunar Eclipse seen here.	Official gardeners rest day so do nothing. ☺ Harvest and share love and respect for groups and community.
20 <sup>th</sup> 23 <sup>rd</sup> 24 <sup>th</sup> Aug	Waning Fertile Moon 3 <sup>rd</sup> Quarter	Plant root crops
The Super Almanac has timing for every possible garden task. Pop over to my website to see a sample copy for yourself. <a href="http://www.ancientmoongardening.com.au">www.ancientmoongardening.com.au</a> <b>Enjoy your garden!</b>		