

Astrology, Palmistry and Ancient Moon Gardening

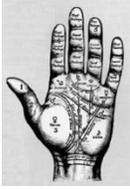
Earth Moon and Stars

July 2016 with Kerry Galea



Winter is here....

Although those in the warmer northern half of this beautiful country are inundated with cold southerners seeking the warmth..... and I am one of them!



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To each and every one of you; look at the earth and know that you are supported, look at your hands and know that you are unique, and look at the stars and know that you are part of something greater than yourself.

Your Sun Sign Astrology Forecast July 2016

Aries 20 March – 19 April

You are torn between two different energies. On one hand this month is all about being dutiful and taking care of any work and responsibility. On the other hand there is a need to enjoy yourself, to celebrate, to have fun and to feel lighthearted. To maintain balance I suggest that you alternate what you do.



Taurus 20 April – 20 May

While you are teaching (demonstrating or showing) a child or a young person, they are also teaching you about yourself. It's when we teach; that we really "know". Now is also the time to renew, celebrate or forgive relationships with parents, even if it's at the gravesite. It's also time to enjoy or beautify your home.

Gemini 21 May – 20 June

Somebody in your extended family is having a hard time and trying to keep it to themselves. Reach out with a warm heart and let them know you are there..... and listen..... really "listen". The chance to unburden may be all they need to do. This is also a good time to clean up and recycle anything you don't need.

Cancer 21 June – 21 July

You are entering a new phase and life is racing. In-depth discussions, involved debates and being surrounded by high energy people; make it an "interesting" time. If you love adrenaline then it's fun and stimulating but for the quieter ones amongst you make sure you catch your breath now-and-then, or you could feel exhausted.



Leo 22 July – 22 Aug

Opportunities are smiling upon you as Venus enters your sign. She brings benefits as well as indulgence so you need to stay focused to make the best of her gifts. I hope you have organized your finances or you will find out where the holes are in your money bag! These holes can get bigger under the influence of indulgence!

Virgo 23 Aug – 22 Sep

Risks are scary, some end up being too hard; but some are worth it and NOW is the time to take a risk. With a bit of "work" it will "work" in your favor! Although I suggest that you take care and weigh up the pros and cons, for as the old Arab proverb says; "Trust in Allah; but tie up your camel".



Libra 23 Sep – 22 Oct

Your extended family is vibrating to karmic pains from the past. All of you could be repeating past patterns of behavior. Ask yourself... "Is this what I want, or am I buying into something that is not personally mine?" Look outside your family and notice how other people's family patterns affect their lives. Watch and learn what not to do!

Scorpio 23 Oct – 21 Nov

It's time to stop talking about big decisions and actually do something about it. Quit procrastinating.....for you have all the facts, you have the dream, and you have the means; now decide to decide! Authority figures will smile and readily agree and people will be obliging and helpful. What more do you want?



Sagittarius 22 Nov – 20 Dec

Do you know that your sparkle, your smile, and your energetic presence, does affect how people perceive you and also how they treat you. Especially this month!!! So hide and be small or shine and be brilliant! Yes.. it is time for a holiday so I hope you are taking one, or planning it..... but if not; then any movement will help.



Capricorn 21 Dec – 19 Jan

Information and advice is now worthwhile and true.....but be careful of what is revealed and also of how you share it because some are secrets and need to stay private. Loved ones are surging with emotional energy and you will soon respond with heightened emotions of your own later in the month.

Aquarius 20 Jan – 17 Feb

Its time to take action at work and stand up for yourself but only if you are in the right! Loves and friends will be heightened with new people, or more social events coming into your life. For everything else stay quiet and “fly in under the radar” for you need to seek some solace and peace.



Pisces 18 Feb – 19 March

This is a very creative month and getting involved in a group is a great idea and will lead to future fun. Remember that creativity has many facets; for inventions are designed in a creative time, an artist is creative to the core, a business idea succeeds when it is creative, even mathematicians solve problems in a creative phase. So create!

Did you know that the Sun moves into the 12 signs of the zodiac on *slightly* different dates each year. If you are born close to the border of two signs then you are on the cusp and you are a blend of the two sun signs. The dates here are the 2015 Sun Ingress dates for Australia. Source is Solar Fire from Esoteric Technologies.

It's time to see what's happening for you.

In my work I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab **hold of life. Through them we look to your strengths, especially now and** to the future, and to see what to avoid, and what to enjoy.



Moe at Gipps town on the Highway on various weekdays by appointment in the beautiful and peaceful grounds of Gipps town Heritage Village on the highway at Moe.

Traralgon On Sunday the 17th July at Dyoligy a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

Koonwarra in South Gippsland on Saturday 2nd July and an extra day on the 23rd July at the Artisan workshop Gardens Studio in beautiful Koonwarra. This tiny historic town has various shops showcasing great food, pampering, healing, arts and culture



Phone readings for those at a distance at a time that suits you.



Birthday Greetings go out to

Cancer 21 June to 21 July

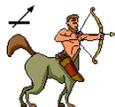
“What happens to a person is less significant to what happens within him(her)”. Louis L. Mann

Thank you to the Cancerian who I saw that did not ask about what is happening; but who asked how they felt about it.

Leo 22 July to 22 August

“Problems are simply opportunities to be creative”. Chapman Kelley.

Thank you to the lion-like Leo who roars loudly and is also happy to show their heart of warm and generous gold. Demonstrating that they are free to show their inner and outer personality. If they can do it; then all of us can do it!



Quote of the Month:

The soul usually knows what to do to heal itself.
The challenge is to silence the mind.

Caroline Myss



Gaining Peace

In times of stress, illness or crisis...

1. Only think about the next 5 minutes. What do you have to do NOW.
2. Smile whenever you can. Force a smile if you have too, but use those facial muscles. A smile produces endorphins which is Mother Nature's natural happy drug. So Smile!
3. Forget to think about the situation. When it arises in your mind's eye... start thinking about something else. You are not what you are thinking. You are the person that is watching you think. So change your thoughts. Yes; it's hard but you can do it.
4. Say yes to everything. Accept. To the situation, to the suffering, to any joy, to blessings both ordinary and extraordinary, to the pain. Say yes, no matter what.
5. Spend some time planning ahead 2 years 5 years and 10 years in the future. Plan it, imagine it, and build for it. See it in your mind's eye.

Know that the universe loves you! It does!



News from the Stars

4th July **New Moon** in Cancer at 9pm

12th July Venus enters Leo

14th July Mercury enters Leo

20th July **Full moon** in Capricorn at 8.56am

22nd July Sun enters Leo

30th July Uranus turns retrograde in Aries

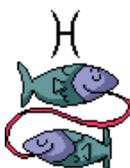


The movement of the planets herald time when we feel mood changes, times we are galvanized to take action, and others times when we lack energy. **There are shifts in feelings and energy levels at all New and Full Moons**, when planets move into signs, or when there are connections (aspects) between planets, or when they turn retrograde or move direct again.

Pay attention to the days when these shifts happen and **notice your feelings and energy levels**. This understanding will enhance your experience of life.

To further experience the rhythm of the Moon I suggest that you aim to start new projects and events at the New Moon, and bring them to full development approximately two weeks later at the Full Moon. From the Full Moon back to the New Moon is a time to look at the consequences, to reflect on what you achieved and to think about changes or new ideas that you will "birth" again at the New Moon.

Enjoy the ride!



What's that in the sky? July 2016

To be amazed by the heavens, first get your bearings and note that the sun rises in the east, sets in the west and the warmest side of the house is north. ☺

The darkest night is on the New Moon on the 4th July and the brightest night is with the Full Moon on the 20th July.



For all you night owls

Look to the west to see brilliant Jupiter who is slowly sinking into the glare of the setting sun. He will be gone by the end of the month. High overhead is reddish Mars and a little further right is reddish Antares, in the eye of the Scorpio, and a little below Antares is creamy colored Saturn. The full body and tail of the Scorpion goes even higher overhead. Let the Moon be your guide as she practically touches Jupiter on the 9th July, sits below Mars on the 15th and below Antares and Saturn on the 16th July. Turn around to the south to see the Pointer Stars, Rigel and Hador showing the way to the Southern Cross which is right-side up, but rolling to the right as we go through the month.

For all you early birds

It's a lonely morning with no visible neighboring planets to bring a smile to our faces. The Scorpion is disappearing into the west and Taurus the bull is rising in the east along with the Sun. The bright star directly overhead is Fomalhaut and it has its own planetary system. There may be other planets out there that are similar to this one. Are we really alone?

Sirius, the Dog Star, will soon be visibly rising in the east. It's so bright that when it's low on the horizon it flashes red and blue. Amateur fisherman can confuse it with channel markers. The rotation of Sirius exactly matches one year and the

ancient Egyptians used the rising of Sirius as the first day of their calendar year when its appearance marked the flooding of the Nile. Turn to the south to try and find the Pointer Stars near the Sothern Cross. They are very low on the horizon with the Sothern Cross upside down. A hill, even buildings or trees, will obscure your view. Stay warm and cosy this mid-winter!
Let yourself be awed! Kerry Galea www.kerrygalea.com.au

Ancient Moon Gardening

Gazing out the window I can see the veggie patch and remember last month when I said I was going to have a word to the Nandinas to tell to colour up.....or else!

Well.... I went out and gave them the hard word and it looked at me and to my mind's eye said "speak for yourself!" Somewhat abashed I retreated. Later that week I was wandering through the local nursery and spotted a white Erica who said to my mind's eye.... "wouldn't I look good snuggled up between the two Nandinas".

Yes, yes and yes, ... they do look marvelous and it does pay to follow ones inner voice as they are great sight with the Erica's white flowers and spiky lime green foliage highlighting the reddish bushiness of the Nandina.

Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and sowing days
4 th July	New Moon in Cancer	Rest and do nothing! Cultivate and grow unconditional love.
11 th July	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.
12 th 13 th 14 th 15 th 18 th July	Waxing Fertile 2 nd Quarter	Perfect for all sowing and planting. Especially for vegetables that bear fruits or seeds for eating.
20 th July	Full Moon in Capricorn	Official gardeners rest day so do nothing and smile! Harvest and share respect for tough-mother love.
23 rd 24 th July	Waning Fertile Moon 3 rd Quarter	Plant root crops
AEST Correct for VIC NSW TAS QLD. Subtract ½ hr in SA. Subtract 2 hrs in WA. Subtract ½ hr NT. Add 2 hrs NZ		
The Super Almanac has timing for every possible garden task. Pop over to my website to see a sample copy for yourself. Enjoy your garden! Kerry Galea www.ancientmoongardening.com.au		



Thank You to those that keep me healthy!

Your body is a temple so do something that helps you maintain great health. Pop over to my website to see the practitioner's page to find somebody perfect for you. www.kerrygalea.com.au

Thank You to every single one of you as we smile at the world together! **It is a pleasure to share the planet with you!**