

Earth Moon and Stars

January 2016 with Kerry Galea

Happy New Year



Five, yes 5, planets will be visible in the mornings from mid-January till later in February ... a rare sight!



Ph: 0419 382 131 Email: kerry@kerrygalea.com.au
Web: www.kerrygalea.com.au
Web: www.ancientmoongardening.com.au

You Are Enough

Your Sun Sign Astrology Forecast Jan 2016

Aries 20 March – 19 April

Yes, you want and need a holiday and your energy levels are fading, so it's time to do it! You will make no sense of what is happening at work, so you may as well be somewhere else this month, hopefully on holiday. If not; have a restful attitude. Patience has its virtues as next month will see a complete turnaround.



Taurus 20 April – 20 May

Just when you think you know what's going on it all changes. Keep doing what works and stop doing with doesn't. Not even the ones who are supposed to know what is happening will know what is happening. Verb confusion intended! Also, people are either jumping with energy or ready for an argument. Your response is your choice.



Gemini 21 May – 20 June

This month promises an improvement in your love life as well as your social life. Those close to you are back on top of their game. Any travel plans, not necessarily for pleasure, will suddenly turn topsy-turvy so have a backup idea; in fact, have a couple of back-up ideas. Legal matters will change and answers from different people will vary.

Cancer 21 June – 21 July

Loved ones will make decisions...next month! For you, habits become easy to make and this includes good ones as well as bad ones! This clearly shows the difference between fate and destiny. You are fated to add habits to your life but your destiny lies in the choices you make. "First we make our habits then our habits make us".

Leo 22 July – 22 Aug

It's your time to party, to explore and to take a risk but nobody else is willing to come along for the ride. They are dithering and will not be able to make up their mind. Do you wait for them to get onboard or do you go anyhow? To satisfy restless impulses, make some changes around the home.

Virgo 23 Aug – 22 Sep

Some respite and peace on the home front makes a welcome appearance. It's time to talk about what's on your mind and please be aware to speak peaceably. Anger begets anger so be clever with words, not reactive. The only thing you need to know about work is that you will be doing it over and over again!

Libra 23 Sep – 22 Oct

Money comes in and just as quickly it will go out. You have the ability to be the perfect diplomat this month but life's experiences can get in the way of success. Pretend you are brand new with no hang-ups and use the star given talents you were born with and unite, balance and negotiate like the genius you are.

Scorpio 23 Oct – 21 Nov

At its best, money matters improve this month, or at its worse you will know where you stand and it's not as bad as you imagined. You are pumping with energy and you will be restless if you try and stay still. Surprise yourself by what you can do with this energy but don't make decisions until next month.

Sagittarius 22 Nov – 20 Dec

Who's sparkling and who is going to get all the attention? You! So grab the opportunity to make changes and say yes to everything! Well...maybe not really, "Everything", but you get the idea. This is a valuable time not to be wasted, so treasure every chance to change, to grow and to enjoy the people you love.



Capricorn 21 Dec – 19 Jan

It's still not time to forge ahead. What do you want to do while it's (supposed to be) quiet before more action and energy returns next month? I suggest that it's a perfect time to draft, write, or plan the future and also a time to learn to meditate, to chill out and to learn in live in the moment.



Aquarius 20 Jan – 17 Feb

Just when you think you have all the facts or know what you are talking about, everything changes and the rug gets pulled out. Bide your time and wait till next month to act or speak, especially in the workplace when you could catch "foot in mouth disease". This is a perfect time to gain more knowledge.

Pisces 18 Feb – 19 March

The bosses, or those in authority, are very aware of you. They will listen and watch but they won't act on what you are saying or doing just yet...but it will happen. Here's hoping you have been doing what they want. A sudden journey turns out to be longer and more complicated than expected and loved ones change their mind.



Did you know that the Sun moves into the 12 signs of the zodiac on *slightly* different dates each year. If you are born close to the border of two signs then you are on the cusp and you are a blend of the two sun signs. The dates here are the 2015 Sun Ingress dates for Australia. Source is Solar Fire from Esoteric Technologies.

New Year's Eve Aims



I suggest that you spend a few minutes writing down what you want to achieve for the coming year. You will be surprised how a thought turns into a habit which turns into a behavior which turns into action which turns into achievement!!

We tend to overestimate what we can achieve in 1 year and underestimate what we achieve in 5 years. Have a 1 year and a 5 year plan!



Quote of the Month: *"Things don't always happen for a reason."*

Recipe for Happiness

Wake up and before you open your eyes, smile... yes move those endorphin producing facial muscles; and smile.

Say "thank you" and give gratitude to the whole universe.

Smile again ☺

See in your mind's eye the day's activities and imagine them unfolding with ease and harmony.

Remember that *Things don't always happen for a reason!*



Thank You to those that keep me healthy!

Your body is a temple so do something that helps you maintain great health. Pop over to my website to see the practitioner's page to find somebody perfect for you.

www.kerrygalea.com.au

Thank You to every single one of you as we smile at the world together!

It's time to see what's happening for you.

In my work I will always use both Astrology and Palmistry. The Stars show your potential and your hands show how you grab hold of life. Through them we look to your strengths, especially now and to the future, and to see what to avoid, and what to enjoy.



Moe at Gippsdown on the Highway on Weekdays by appointment in the beautiful and peaceful grounds of Gippsdown Heritage Village on the highway at Moe.

Traralgon On Sunday the 17th Jan at Dyloligy, a gorgeous shop where all things are beautiful and alternative in the heart of Traralgon.

Koonwarra in South Gippsland on Saturday 2nd Jan at the Artisan workshop Gardens Studio in beautiful Koonwarra. It's normally Farmers Market morning when I am there so the place is buzzing.

Phone readings for those at a distance at a time that suits you.

Birthday Greetings go out to

Capricorn 22 Dec – 20 Jan

“If you tell people where to go but not how to get here you will be surprised at the results.”

General George S Patton.

Thank you to the Capricorn who shows me how to endure with a constant smile and undying fortitude.



Aquarius 21 Jan – 18 Feb

“The only way to have a friend is to be one”

Ralph Waldo Emerson

Thank you to the Aquarian who shows me how to focus on the big picture and to let the details work themselves out. A constant struggle for this little Virgo! ☺

News from the Stars

2nd Jan Mercury enters Aquarius

4th Jan Mars enters Scorpio

6th Jan Mercury turns retrograde

8th Jan Jupiter turns retrograde

9th Jan Mercury enters Capricorn going retrograde

10th Jan **New Moon** in Capricorn

21st Jan Sun enters Aquarius

24th Jan **Full Moon** in Leo

24th Jan Venus enters Capricorn

26th Jan Mercury turns direct



The movement of the planets herald time when we feel mood changes, times we are galvanized to take action, and others times when we lack energy. There are shifts in feelings and energy levels at all New and Full Moons, when planets move into signs, or when there are connections (aspects) between planets, or when they turn retrograde or move direct again.

Pay attention to the days when these shifts happen and notice your feelings and energy levels. This understanding will enhance your experience of life. Enjoy the ride!

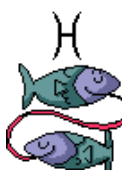


Ancient Moon Gardening

Gazing out the window I can see the veggie patch and this month all the veggies are coping with the heat nicely. I had my first feast of fresh picked beetroot. It was out of the ground, lightly boiled, drained and promptly served with a dash of love oil and salt and pepper. Ohh yum!

The tomatoes are best picked when they are very red and delicious; and with the nets to stop the birds..... I can wait for them to fully ripen! ☺

The front garden roses are still staying green and lush and over Christmas the lilies filled the house with gorgeous smells. I so wish they could flower all year. Rhubarb and chilli plants have joined the front garden and fit in perfectly giving me glamour and food in an easy parcel.... Perfect! May your garden be abundant for you. ☺



Dates AEST	Moon Position and Phase	Ancient Moon Gardening Planting and sowing days
10 th Jan	New Moon in Capricorn	Rest and do nothing. Cultivate and grow ambitious plans.
13 th 14 th till lunch on the 15 th Jan	Waxing Fertile 1 st Quarter	Perfect for all sowing and planting. Especially for vegetables whose leaves we eat.

18 th 19 th 22 nd Jan	Waxing Fertile 2 nd Quarter	Perfect for all sowing and planting. Especially for vegetables that bear fruits or seeds for eating.
24 th Jan	Full Moon in Leo	Official gardeners rest day so do nothing. ☺ Harvest and share an attitude of playfulness.
29 th 30 th 31 st Jan	Waning Fertile Moon 3 rd Quarter	Plant root crops
AEDT Times are correct for Vic NSW and Tas S.A. subtract ½ hour. QLD subtract 1 hour W.A subtract 3 hours N.T subtract 1.5 hours. N. Z add 2 hours		

Call me or have a peek at my website for examples www.ancientmoongardening.com.au

What's that in the sky?

January 2016

To be amazed by the heavens, first get your bearings and note that the sun rises in the east, sets in the west and the warmest side of the house is north. The darkest night is on the New Moon on the 10th January and the brightest night is with the Full Moon on the 24th February.

For all you night owls

All the planetary action is happening in the early hours of the morning when most of us are sound asleep. At least Taurus with Aldebaran, the Pleiades and Oriana, aka the Saucepan, are all still there to be admired. I talked about them last month but this month it will tell you about Sirius who is slightly above and in a direct line from the base of the saucepan and who is the brightest star in the night sky.

Sirius is so bright that when it's low on the horizon it flashes red and blue and many seafaring cultures have used it for navigation. The test of a sailor in training is to tell the difference between Sirius and channel marker buoys. The rotation of Sirius exactly matches our year and the ancient Egyptians used the rising of Sirius as the first day of their calendar year when it marked the flooding of the Nile. It is known as the Dog Star in Greece and in America they call it Dog Days of Summer when Sirius rises and sets with sun in July and its hot and sultry. Our summer is heralded when it rises as the Sun sets.

The Southern Cross is low and nearly upside down and will be hard to see if hills, lights or trees obscure your vision.

For all you early birds

It's a party out there in the morning skies with 5 planets, Venus, Saturn, Mars and Jupiter high in the heavens. Venus is the brightest star and close to her is Saturn, the King of the Gods, a truly remarkable sight with a telescope or even good binoculars. Mars is a stretched hand higher and Jupiter will be even higher. Let the Moon be your guide when she is with Jupiter on the 1st, Mars on the 4th, Venus on the 7th and Saturn on the 8th of January.

Turn around to see the Southern Cross clearly visible high in the heavens and nearly right side up.

Let yourself be awed!



To receive this newsletter... just ask and it will be emailed to you. ☺